

## Sheikh Mohamed Bin Hamad Al Thani

Director of Public Health Department, Ministry of Public Health



### EDUCATION:

**1998:** Bachelor of Medicine and Surgery, Faculty of Medicine, Cairo University.

**2006:** Arab Board in Community Medicine

**2010:** Fellowship of Faculty of Public Health, UK

**2014:** EMBA from HEC Paris

### CAREER:

- Director of Public Health Department, Ministry of Public Health
- Assistant Professor of Public Health, Weill Cornell Medical College, Qatar.

### NATIONAL ACTIVITIES:

**2013 – Present:** Chair, National preventive health care committee, Qatar

**2012 – Present:** Member, Road Safety Committee, Qatar

**2011 – Present:** Chair, International Health Regulations Committee, Qatar

**2011 – Present:** Member, National Committee for Safety and Occupational Health, Qatar

**2009 – Present:** Chair, Birth and Death Committee, Qatar

**2009 – Present:** Member, Medical Committee of Admissions, Qatar

**2008 – Present:** Chair, Joint Committee in Dealing with Dead Bodies, Qatar

**2008 – Present:** Chair, Joint Standing Committee to Control Food, Qatar

**2006 – Present:** Chair, Treatment and Rehabilitation Committee, Qatar

**2007 – 2011:** Member, Emergency Permanent Committee, Qatar

**2008 – 2012:** Chair, Tender Committee, Ministry of Public Health, Qatar

### INTERNATIONAL ACTIVITIES:

**2008 – Present:** Member, Executive Committee for GCC Countries, Saudi Arabia

**2007 – Present:** Representative, Qatar Health in the World Health Assembly, Switzerland.

**2007 – 2010:** Head, Qatar Delegation, Regional Executive Board meetings, WHO, EMRO, Egypt

### OTHER ACTIVITIES: PATIENT EDUCATION AND SERVICE TO THE COMMUNITY (PESC):

- Oversee countrywide health awareness and promotion programs
- Leadership in the development of evidence based preventive and public health programs in collaboration with the government and private sector

- Direct lifestyle medicine initiatives for adults (e.g. launch of Qatar Dietary Guidelines) and health and lifestyle initiatives for primary and high school students (e.g. the “We are Health” Program)
- Mentor medical students in public health and preventive medicine and advise high school students on pursuing medicine and public health as viable career options at Weill Cornell Medical College in Qatar (WCMC-Q)
- Collaborate with WCMC-Q and other universities to provide support and guidance on public health curriculum development, public health needs assessment and gap analysis

#### **RESEARCH ACTIVITIES:**

- Prevalence and determinants of metabolic syndrome in Qatar: results from a National Health Survey  
BMJ Open 2016;6: e009514. doi:10.1136/bmjopen-2015-009514  
Mohamed Hamad Al-Thani,<sup>1</sup> Al Anoud Mohammed Al-Thani,<sup>1</sup> Sohaila Cheema,<sup>2</sup> Javaid Sheikh,<sup>3</sup>  
avinder Mamtani,<sup>2</sup> Albert B Lowenfels,<sup>4</sup> Walaa Fattah Al-Chetachi,<sup>1</sup> Badria Ali Almalki,<sup>1</sup> Shamseldin Ali  
Hassan Khalifa,<sup>1</sup> Ahmad Omar Haj Bakri,<sup>1</sup> Patrick Maisonneuve<sup>5</sup>
- Leadership in population health and epidemiological research
- Championed and directed numerous communities – based health surveys such as the 2012 STEPs Survey, the Oral Health Survey and the Global Adult Tobacco Survey (GATS) in Qatar.

#### **CURRENT FUNDED RESEARCH:**

- (1) Nutritional Intervention of Type II Diabetes Mellitus by Vitamin D in Qatar  
(INDDIQAT Clinical Trial)
- (2) Obesity in Qatar: Public Health and Genomics Perspectives
- (3) Epidemiological Study of Motor Vehicle Accidents in the State of Qatar: Implications for their Prevention  
"Prevalence and Determinants of Metabolic Syndrome in Qatar: Results from a National Health Survey"

#### **STRATEGIES:**

Led the execution of goal No 3 of the National Health Strategy NHS 2011-2016 related to “Preventive Healthcare” and participated in the development of the Public Health Strategy in Qatar 2017-2022.