

Her Highness Sheikha Intisar AlSabah

Founder of Alnowair, Bareec, Intisar Foundation



Princess of the AlSabah family of Kuwait, Her Highness Sheikha Intisar AlSabah is an internationally recognized philanthropist, entrepreneur, author, film producer, and columnist.

HH Sheikha Intisar has also on lists of Most Influential Women in The Arab World by leading magazines in the MENA region.

For her active devotion to fostering Peace in the Arab world by supporting women's self-empowerment, positive psychology education, and Peacebuilding, HH Sheikha Intisar has received multiple honours and recognitions including the insignia of the Knight in the Order of the Crown from His Majesty King Philippe of Belgium, as well as the insignia of the Knight of the French National Order of the Legion of Honour from H.E. Former French President François Hollande.

HH Sheikha Intisar is the founder of non-profit organisation Alnowair that promotes socio-emotional skills based on positive psychology. To date, Alnowair has engaged 2,5 million people across four programmes and 220 campaigns, and its youth-oriented program which uses applied theatre to address bullying has positively impacted 15,100 students, 264 real life victims, bullies, and by-standers across 33 private schools. Its sister organisation Bareec has conducted +20 trainings while being implemented in 47 high schools and reaching more than 500 teachers and 11,600 students.

HH Sheikha Intisar's UK-registered charitable organisation Intisar Foundation has introduced an innovative and culturally acceptable approach to sustainable Peacebuilding in the Arab world based on enabling the psychological recovery and self-empowerment of women traumatised by war and violence through the use of drama therapy. Intisar Foundation has conducted over 5,395 hours of field work and implemented over 405 virtual and field drama therapy sessions, reaching over 405 women in Lebanon and Jordan and close to 3,588 indirect beneficiaries.

HH Sheikha Intisar is a member of the Women and Business Committee by the General Secretariat of the Supreme Council for Planning and Development of Kuwait, Board of Governors of the Pearl Initiative, a Co-Chair of The Global Diwan, a member of the Board of Trustees of the Public Authority for Youth's Volunteer Academy, a Vice Chair of the Kuwait-French friendship association and an elected member of the Board of Trustees of the Lebanese American University.

HH Sheikha Intisar's vision of fostering Peace in the Arab world and beyond is being regularly advocated during her many international and regional board engagements, advisory roles, media appearances, and UN General Assembly keynotes.